

# Novena to St Therese Lisieux:

## The Little Flower of Jesus

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*“Miss no single opportunity of making  
some small sacrifice, here by a smiling look,  
there by a kindly word; always doing the  
smallest right and doing it all for love.”*

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THE  
PONTIFICAL  
MISSION  
SOCIETIES

DAY  
01

# Embracing Trust: Beginning Our Journey with St. Therese

Dearest Saint Therese of Lisieux, you said that you would spend your time in heaven doing good on earth.

Your trust in God was complete. Pray that He may increase my trust in His goodness and mercy as I ask for the following petitions...

(State your intention clearly and confidently)

Pray for me that I, like you, may have great and innocent confidence in the loving promises of our God. Pray that I may live my life in union with God's plan for me, and one day see the Face of God whom you loved so deeply.

Saint Therese, you were faithful to God even unto the moment of your death. Pray for me that I may be faithful to our loving God. May my life bring peace and love to the world through faithful endurance in love for God our savior.

Loving God, you blessed St. Therese with a capacity for a great love. Help me to believe in your unconditional love for each of your children, especially for me.

I love you, Lord. Help me to love you more!

Glory be to the Father, to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end.

Amen.



# Relying on Divine Providence: St. Therese's Guide to Trusting More

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Saint Therese, you were faithful to God even unto the moment of your death. Pray for me that I may be faithful to our loving God. May my life bring peace and love to the world through faithful endurance in love for God our savior.

Loving God, you loved St. Therese's complete trust in your care. Help me to rely on your providential care in each circumstance of my life, especially the most difficult and stressful.

I trust you, Lord. Help me to trust you more!

I love you, Lord. Help me to love you more!

Glory be to the Father, to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end.

Amen.

# Finding God in Everyday Moments: A Lesson from St. Therese

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Saint Therese, you were faithful to God even unto the moment of your death. Pray for me that I may be faithful to our loving God. May my life bring peace and love to the world through faithful endurance in love for God our savior.

Loving God, you gave St. Therese the ability to see You in the ordinary routine of each day. Help me to be aware of your presence in the everyday events of my life.

I see you, Lord. Help me to see you more!

I trust you, Lord. Help me to trust you more!

I love you, Lord. Help me to love you more!

Glory be to the Father, to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end.

Amen.



# The "Little Way" of Humility: Walking with St. Therese

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(State your intention clearly and confidently)

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Saint Therese, you were faithful to God even unto the moment of your death. Pray for me that I may be faithful to our loving God. May my life bring peace and love to the world through faithful endurance in love for God our savior.

Loving God, You taught St. Therese how to find You through the "little way" of humility and simplicity. Grant that I may never miss the grace hidden in humble service to others.

I am humble, Lord. Give me more humility!

I see you, Lord. Help me to see you more!

I trust you, Lord. Help me to trust you more!

I love you, Lord. Help me to love you more!

Glory be to the Father, to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end.

Amen.



DAY  
05

# The Grace of Forgiveness: St. Therese's Call to Love Even When It's Hard

Dearest Saint Therese of Lisieux, you said that you would spend your time in heaven doing good on earth.

Your trust in God was complete. Pray that He may increase my trust in His goodness and mercy as I ask for the following petitions...

(State your intention clearly and confidently)

Pray for me that I, like you, may have great and innocent confidence in the loving promises of our God. Pray that I may live my life in union with God's plan for me, and one day see the Face of God whom you loved so deeply.

Saint Therese, you were faithful to God even unto the moment of your death. Pray for me that I may be faithful to our loving God. May my life bring peace and love to the world through faithful endurance in love for God our savior.

Loving God, You gave St. Therese the gift of forgiving others even when she felt hurt and betrayed. Help me to be able to forgive others who have wounded me, especially...

I try to forgive, Lord. Help me to forgive 70 times 7 times!

I am humble, Lord. Give me more humility!

I see you, Lord. Help me to see you more!

I trust you, Lord. Help me to trust you more!

I love you, Lord. Help me to love you more!

Glory be to the Father, to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end.

Amen.



DAY  
06

# Living Each Day as a Gift: St. Therese's Approach to Loving God Daily

Your trust in God was complete. Pray that He may increase my trust in His goodness and mercy as I ask for the following petitions...

(State your intention clearly and confidently)

Pray for me that I, like you, may have great and innocent confidence in the loving promises of our God. Pray that I may live my life in union with God's plan for me, and one day see the Face of God whom you loved so deeply.

Saint Therese, you were faithful to God even unto the moment of your death. Pray for me that I may be faithful to our loving God. May my life bring peace and love to the world through faithful endurance in love for God our savior.

Loving God, St. Therese experienced every day as a gift from You. She saw it as a time to love You through other people. May I, too, see every day as an opportunity to say yes to You. I accept your will, Lord. Help me to accept your will every day!

I try to forgive, Lord. Help me to forgive 70 times 7 times!

I am humble, Lord. Give me more humility!

I see you, Lord. Help me to see you more!

I trust you, Lord. Help me to trust you more!

I love you, Lord. Help me to love you more!

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Amen.



DAY  
07

# The Strength in Our Weakness: Turning to God with St. Therese

Dearest Saint Therese of Lisieux, you said that you would spend your time in heaven doing good on earth.

Your trust in God was complete. Pray that He may increase my trust in His goodness and mercy as I ask for the following petitions...

(State your intention clearly and confidently)

Pray for me that I, like you, may have great and innocent confidence in the loving promises of our God. Pray that I may live my life in union with God's plan for me, and one day see the Face of God whom you loved so deeply.

Saint Therese, you were faithful to God even unto the moment of your death. Pray for me that I may be faithful to our loving God. May my life bring peace and love to the world through faithful endurance in love for God our savior.

Loving God, St. Therese offered to You her weakness. Help me to see in my weakness an opportunity to rely completely on you.

I rely on you, Lord. Help me to rely on you more!

I accept your will, Lord. Help me to accept your will every day!

I try to forgive, Lord. Help me to forgive 70 times 7 times!

I am humble, Lord. Give me more humility!

I see you, Lord. Help me to see you more!

I trust you, Lord. Help me to trust you more!

I love you, Lord. Help me to love you more!

Glory be to the Father, to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end.

Amen.



DAY  
08

# Reflecting God's Love: St. Therese's Mission to Bring Others to Faith

Dearest Saint Therese of Lisieux, you said that you would spend your time in heaven doing good on earth.

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(State your intention clearly and confidently)

Pray for me that I, like you, may have great and innocent confidence in the loving promises of our God. Pray that I may live my life in union with God's plan for me, and one day see the Face of God whom you loved so deeply.

Saint Therese, you were faithful to God even unto the moment of your death. Pray for me that I may be faithful to our loving God. May my life bring peace and love to the world through faithful endurance in love for God our savior.

Loving God, You loved St. Therese with a powerful love and made her a source of strength to those who had lost faith in You. Help me to pray with confidence for those in my life who do not believe they can be loved.

I reflect you to the world, Lord. Help me to reflect you more clearly!

I rely on you, Lord. Help me to rely on you more!

I accept your will, Lord. Help me to accept your will every day!

I try to forgive, Lord. Help me to forgive 70 times 7 times!

I am humble, Lord. Give me more humility!

I see you, Lord. Help me to see you more!

I trust you, Lord. Help me to trust you more!

I love you, Lord. Help me to love you more!

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Amen.



DAY  
09

# Blessing and Loving Everyone: Celebrating the End of Our Journey with St. Therese

Dearest Saint Therese of Lisieux, you said that you would spend your time in heaven doing good on earth.

Your trust in God was complete. Pray that He may increase my trust in His goodness and mercy as I ask for the following petitions...

(State your intention clearly and confidently)

Pray for me that I, like you, may have great and innocent confidence in the loving promises of our God. Pray that I may live my life in union with God's plan for me, and one day see the Face of God whom you loved so deeply.

Saint Therese, you were faithful to God even unto the moment of your death. Pray for me that I may be faithful to our loving God. May my life bring peace and love to the world through faithful endurance in love for God our savior.

Loving God, St. Therese never doubted that her life had meaning. Help me to see how I can bless and love everyone in my life. Especially...

I love your people, Lord. Help me to love them more!

I reflect you to the world, Lord. Help me to reflect you more clearly!

I rely on you, Lord. Help me to rely on you more!

I accept your will, Lord. Help me to accept your will every day!

I try to forgive, Lord. Help me to forgive 70 times 7 times!

I am humble, Lord. Give me more humility!

I see you, Lord. Help me to see you more!

I trust you, Lord. Help me to trust you more!

I love you, Lord. Help me to love you more!

Glory be to the Father, to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end.

Amen.

